

2019 Gehlen Jays

Season Summary



"Play the game you love for the glory of the One who loved you enough to give you the talent, opportunity, and drive to play."

2019 - Gehlen Catholic Volleyball Roster

Varsity Squad

#	Name	Height	Position	Grade
1	Abby Ruhland	5'3"	Backrow	11
2	Tiffany Woerdehoff	5'3"	Backrow	11
3	Kate Hill	5'7"	Outside Hitter	12
4	Lauren Heying	5'8"	Middle/Outside	10
5	Alyssa Kolbeck	5'6"	Outside Hitter	10
6	Josie Kolbeck	5'4"	Setter	12
7	Larissa Sitzmann	5'10"	Middle/Outside	10
8	Cadence Goebel	5'6"	Setter/Rightside	9
9	Molly Roder	5'4"	Outside Hitter	11
10	Sydney Livermore	5'9"	Setter/Rightside	12
11	Rachel Langel	5'11"	Middle Hitter	11
12	Miyah Whitehead	5'9"	Middle Hitter	9
13	Rylee Schnepf	5'7"	Outside Hitter	10
14	Allison Ruden	5'9"	Rightside Hitter	12
16	Chloe Bunkers	5'7"	Libero	12

B & C Squads

#	Name	Grade
1	Abby Ruhland	11
2	Tiffany Woerdehoff	11
4	Lauren Heying	10
7	Larissa Sitzmann	10
8	Cadence Goebel	9
9	Molly Roder	11
12	Miyah Whitehead	9
13	Rylee Schnepf	10
20	Sophie Ruden	9
21	Jasmine Lubben	9
22	Makenzi Alesch	9
24	Tessa Ellensohn	9
25	Karoline Krull	11
26	Olivia Bunkers	10
27	Corra Yockey	9
29	Josie Scheitler	9
30	Jayden Barthole	9
31	Jacqueline Munoz	10
32	Emily Steffes	10



Nickname:	Jays
Colors:	Green & Gold
Head Coach:	Mike Meyer
Asst. Coaches:	Kathy Neary Amber Schilmoeller
Manager:	Trinity Goebel
Principal:	Jeff Alesch
A.D.:	Kirk Kronaizl

2019 MATCH RESULTS

INSTITUTION: Gehlen Catholic (LeMars, IA)
 CONFERENCE / CLASS: War Eagle / 1A

Date	H/A/N	Opponent	Match W-L	Game Scores	Cumulative Record	Opponent Class & Highest Ranking
Sheldon Tournament						
8/29	N	Cherokee	W	21-17, 22-20	1-0	3A #13
8/29	N	Spirit Lake	W	21-19, 21-17	2-0	3A #4
8/29	N	Hull Western Christian	L	13-21, 7-21	2-1	2A #1
9/3	A	*Remsen St. Mary's	W	25-17, 25-13, 25-6	3-1	1A
9/10	H	*MMC/RU	W	25-17, 25-11, 28-26	4-1	1A
9/12	A	*Hartley-Melvin-Sanborn	W	25-14, 25-11, 25-14	5-1	1A
Le Mars Community Tournament						
9/14	N	Woodbury Central	W	21-11, 21-11	6-1	1A
9/14	N	Sergeant Bluff-Luton	L	11-21, 12-21	6-2	4A #1
9/14	N	Sioux City North	W	21-19, 21-16	7-2	5A
9/14	N	Sheldon	L	19-21, 21-15, 10-15	7-3	3A
9/14	N	Siouxland Christian	W	21-9, 21-13	8-3	1A
9/17	H	*Unity Christian	L	25-19, 18-25, 24-26, 25-20, 6-15	8-4	3A #11
C.Y.O. Tournament						
9/22	N	Remsen St. Mary's	W	21-11, 21-9	9-4	1A
9/22	N	Kuemper Catholic, Carroll	L	15-21, 14-21	9-5	3A #2
9/22	N	Storm Lake St. Mary	W	21-4, 21-10	10-5	1A
9/22	N	St. Edmond, Fort Dodge	W	21-12, 21-16	11-5	1A
9/22	A	Bishop Garrigan, Algona	W	21-6, 17-21, 15-8	12-5	1A
9/22	N	Bishop Heelan, Sioux City	W	21-10, 25-23	13-5	3A #13
9/24	H	*South O'Brien	L	16-25, 16-25, 25-10, 25-12, 12-15	13-6	2A
Hartley-Melvin-Sanborn Tournament						
9/28	N	Newell-Fonda	L	16-21, 15-21	13-7	1A #12
9/28	N	Rock Valley	W	21-13, 21-9	14-7	2A
9/28	N	South O'Brien	W	21-23, 21-10, 15-13	15-7	2A
9/28	A	Hartley-Melvin-Sanborn	W	21-8, 21-6	16-7	2A
9/28	N	Newell-Fonda	W	23-21, 21-10	17-7	1A #12
10/1	A	*Akron-Westfield	W	27-25, 25-21, 25-16	18-7	1A
10/3	H	*Trinity Christian	W	25-12, 25-7, 25-15	19-7	1A
10/10	H	*West Sioux	W	25-11, 25-15, 25-15	20-7	2A
10/15	A	*Hinton	W	25-12, 25-18, 25-23	21-7	2A
10/17	A	*Harris-Lake Park	W	25-19, 25-10, 25-12	22-7	1A
Regional Tournament						
10/28	H	Kingsley-Pierson	W	25-7, 25-19, 26-24	23-7	1A
10/31	H	George-Little Rock	W	25-12, 25-10, 25-17	24-7	1A
11/5	N	Newell-Fonda	W	13-25, 25-18, 18-25, 25-15, 15-7	25-7	1A #12
State Tournament						
11/13	N	North Tama	L	20-25, 22-25, 24-26	25-8	1A #5

*War Eagle Conference match



2019 Final Varsity Statistics

Athlete	Sets	Kills	Kill Err	Attack Attempts	Kill Eff	Kills per Set	Serve Success	Serves	Serve Eff	Aces	Aces per Set
Sydney Livermore SR	89	215	62	432	0.354	2.42	271	288	0.941	38	0.43
Rachel Langel JR	89	160	42	395	0.299	1.80	0	1	0.000	0	0.00
Miyah Whitehead FR	89	143	49	326	0.288	1.61	150	178	0.843	20	0.22
Alyssa Kolbeck SO	87	136	43	448	0.208	1.56	185	195	0.949	19	0.22
Kate Hill SR	75	77	37	235	0.170	1.03	293	307	0.954	32	0.43
Rylee Schnepf SO	38	45	15	126	0.238	1.18	69	73	0.945	8	0.21
Allison Ruden SR	69	40	19	97	0.216	0.58	1	2	0.500	0	0.00
Chloe Bunkers SR	89	30	20	117	0.085	0.34	315	345	0.913	66	0.74
Lauren Heying SO	25	14	3	41	0.268	0.56	1	1	1.000	0	0.00
Larissa Sitzmann SO	15	8	5	27	0.111	0.53	16	19	0.842	4	0.27
Josie Kolbeck SR	89	4	0	5	0.800	0.04	379	402	0.943	53	0.60
Molly Roder JR	5	2	0	3	0.667	0.40	2	2	1.000	0	0.00
Abby Ruhland JR	79	1	1	7	0.000	0.01	3	3	1.000	0	0.00
Cadence Goebel FR	17	1	0	3	0.333	0.06	10	11	0.909	1	0.06
Tiffany Woerdehoff JR	29	0	1	3	-0.333	0.00	15	17	0.882	1	0.03

Team	Record	Sets	Kills	Kill Err	Attack Attempts	Kill Eff	Kills per Set	Serve Success	Serves	Serve Eff	Aces	Aces per Set
Gehlen Catholic	25 - 8	89	876	297	2265	0.256	9.84	1710	1844	0.927	242	2.72

Athlete	Sets	Assists	Assists per Set	Digs	Digs per Set	Block Assists	Blocks Solo	Blocks Total	Blocks per Set
Josie Kolbeck SR	89	396	4.45	106	1.19	0	0	0	0.00
Sydney Livermore SR	89	312	3.51	186	2.09	39	3	42	0.47
Cadence Goebel FR	17	20	1.18	6	0.35	0	0	0	0.00
Allison Ruden SR	69	15	0.22	17	0.25	8	0	8	0.12
Miyah Whitehead FR	89	11	0.12	58	0.65	28	14	42	0.47
Chloe Bunkers SR	89	11	0.12	418	4.70	0	0	0	0.00
Rachel Langel JR	89	9	0.10	35	0.39	48	19	67	0.75
Lauren Heying SO	25	8	0.32	1	0.04	6	0	6	0.24
Alyssa Kolbeck SO	87	8	0.09	187	2.15	15	1	16	0.18
Kate Hill SR	75	5	0.07	72	0.96	8	1	9	0.12
Abby Ruhland JR	79	4	0.05	101	1.28	0	0	0	0.00
Tiffany Woerdehoff JR	29	2	0.07	21	0.72	0	0	0	0.00
Larissa Sitzmann SO	15	2	0.13	7	0.47	2	0	2	0.13
Rylee Schnepf SO	38	0	0.00	31	0.82	4	0	4	0.11
Molly Roder JR	5	0	0.00	1	0.20	0	0	0	0.00

Team	Record	Sets	Assists	Assists per Set	Digs	Digs per Set	Block Assists	Blocks Solo	Blocks Total	Blocks per Set
Gehlen Catholic	25 - 8	89	803	9.02	1247	14.01	158	38	196	2.20

Team Match Statistical Highs – 2019

Team Match Season Highs

Most Aces	–	17 vs. George-Little Rock, Oct. 31 (3 games) 15 vs. Remsen St. Mary's, Sept. 3 (3 games) vs. Kingsley-Pierson, Oct. 28 (3 games) 14 vs. Trinity Christian, Oct. 3 (3 games) 12 vs. MMCRU, Sept. 10 (3 games) 10 vs. Hartley-Melvin-Sanborn, Sept. 12 (3 games) vs. South O'Brien, Sept. 24 (5 games) vs. West Sioux, Oct. 10 (3 games)
Most Assists	–	51 vs. Newell-Fonda, Nov. 5 (5 games) 42 vs. Akron-Westfield, Oct. 1 (3 games) vs. Harris-Lake Park, Oct. 17 (3 games) 41 vs. Unity Christian, Sept. 17 (5 games) 39 vs. MMCRU, Sept. 10 (3 games) 37 vs. South O'Brien, Sept. 24 (5 games) 34 vs. George-Little Rock, Oct. 31 (3 games) 33 vs. Hinton, Oct. 15 (3 games) 31 vs. North Tama, Nov. 13 (3 games)
Most Kills	–	53 vs. Newell-Fonda, Nov. 5 (5 games) 47 vs. Unity Christian, Sept. 17 (5 games) 43 vs. Akron-Westfield, Oct. 1 (3 games) vs. Harris-Lake Park, Oct. 17 (3 games) 42 vs. South O'Brien, Sept. 24 (5 games) 41 vs. MMCRU, Sept. 10 (3 games) 38 vs. George-Little Rock, Oct. 31 (3 games) 36 vs. Trinity Christian, Oct. 3 (3 games) 34 vs. Hinton, Oct. 15 (3 games) 32 vs. North Tama, Nov. 13 (3 games)
Most Blocks	–	14 vs. Hartley-Melvin-Sanborn, Sept. 12 (3 games) 13 vs. Remsen St. Mary's, Sept. 3 (3 games) vs. Unity Christian, Sept. 17 (5 games) vs. Akron-Westfield, Oct. 1 (3 games) vs. West Sioux, Oct. 10 (3 games) 10 vs. Kingsley-Pierson, Oct. 28 (3 games)
Most Digs	–	90 vs. Newell-Fonda, Nov. 5 (5 games) 82 vs. Unity Christian, Sept. 17 (5 games) 71 vs. South O'Brien, Sept. 24 (5 games) 59 vs. Kingsley-Pierson, Oct. 28 (3 games) 57 vs. North Tama, Nov. 13 (3 games) 56 vs. Akron-Westfield, Oct. 1 (3 games) 44 vs. Hartley-Melvin-Sanborn, Sept. 12 (3 games) vs. Bishop Garrigan, Sept. 22 (3 games)
*Highest Hitting %	–	.456 vs. Harris-Lake Park, Oct. 17 (3 games) .455 vs. MMCRU, Sept. 10 (3 games) .412 vs. Hartley-Melvin-Sanborn, Sept. 28 (2 games) .371 vs. West Sioux, Oct. 10 (3 games) .347 vs. Trinity Christian, Oct. 3 (3 games)
Best Serving %	–	100% vs. Siouxland Christian, Sept. 14 (2 games) 98.7% vs. Kingsley-Pierson, Oct. 28 (3 games) 97.6% vs. Hartley-Melvin-Sanborn, Sept. 28 (2 games) 97.2% vs. Harris-Lake Park, Oct. 17 (3 games) 96.1% vs. MMCRU, Sept. 10 (3 games) 96.0% vs. Sergeant Bluff-Luton, Sept. 14 (2 games) 95.8% vs. West Sioux, Oct. 10 (3 games) vs. Newell-Fonda, Nov. 5 (5 games) 95.2% vs. Newell-Fonda, Sept. 28 (2 games)



*Hitting Efficiency = Kills – Errors ÷ Attempts

Individual Match Statistical Highs – 2019

Individual Match Season Highs

Most Aces	–	7 Josie Kolbeck vs. Kingsley-Pierson, Oct. 28 (3 games) Chloe Bunkers vs. George-Little Rock, Oct. 31 (3 games) 6 Kate Hill vs. MMRU, Sept. 10 (3 games) Chloe Bunkers vs. Trinity Christian, Oct. 3 (3 games) Chloe Bunkers vs. West Sioux, Oct. 10 (3 games) 5 Sydney Livermore vs. Remsen St. Mary's, Sept. 3 (3 games) Kate Hill vs. Hartley-Melvin-Sanborn, Sept. 12 (3 games) Chloe Bunkers vs. Newell-Fonda, Sept. 28 (2 games)
Most Assists	–	24 Josie Kolbeck vs. Newell-Fonda, Nov. 5 (5 games) Sydney Livermore vs. Newell-Fonda, Nov. 5 (5 games) 21 Josie Kolbeck vs. Unity Christian, Sept. 17 (5 games) Josie Kolbeck vs. Akron-Westfield, Oct. 1 (3 games) 20 Josie Kolbeck vs. South O'Brien, Sept. 24 (5 games) Josie Kolbeck vs. Trinity Christian, Oct. 3 (3 games) Josie Kolbeck vs. Harris-Lake Park, Oct. 17 (3 games)
Most Kills	–	14 Sydney Livermore vs. MMRU, Sept. 10 (3 games) Rachel Langel vs. Unity Christian, Sept. 17 (5 games) Rachel Langel vs. Harris-Lake Park, Oct. 17 (3 games) Sydney Livermore vs. Newell-Fonda, Nov. 5 (5 games) 13 Sydney Livermore vs. South O'Brien, Sept. 24 (5 games) Sydney Livermore vs. George-Little Rock, Oct. 31 (3 games) 11 Miyah Whitehead vs. Newell-Fonda, Nov. 5 (5 games)
Most Blocks	–	7 Rachel Langel vs. Hartley-Melvin-Sanborn, Sept. 12 (3 games) 6 Rachel Langel vs. Unity Christian, Sept. 17 (5 games) Rachel Langel vs. Akron-Westfield, Oct. 1 (3 games) 5 Miyah Whitehead vs. Remsen St. Mary's, Sept. 3 (3 games)
Most Digs	–	28 Chloe Bunkers vs. Unity Christian, Sept. 17 (5 games) 26 Chloe Bunkers vs. South O'Brien, Sept. 24 (5 games) 23 Chloe Bunkers vs. Newell-Fonda, Nov. 5 (5 games) 22 Chloe Bunkers vs. Akron-Westfield, Oct. 1 (3 games) 19 Chloe Bunkers vs. Kingsley-Pierson, Oct. 28 (3 games) 16 Chloe Bunkers vs. Sheldon, Sept. 14 (3 games) Chloe Bunkers vs. Siouxland Christian, Sept. 14 (2 games) Chloe Bunkers vs. Bishop Garrigan, Sept. 22 (3 games) Chloe Bunkers vs. Bishop Heelan, Sept. 22 (2 games) Chloe Bunkers vs. West Sioux, Oct. 10 (3 games) Chloe Bunkers vs. Hinton, Oct. 10 (3 games) Alyssa Kolbeck vs. Newell-Fonda, Nov. 5 (5 games) 15 Chloe Bunkers vs. MMRU, Sept. 10 (3 games) Chloe Bunkers vs. Hartley-Melvin-Sanborn, Sept. 12 (3 games) Sydney Livermore vs. Unity Christian, Sept. 17 (5 games) Sydney Livermore vs. South O'Brien, Sept. 24 (5 games) Chloe Bunkers vs. Newell-Fonda, Sept. 28 (2 games)
Highest Hitting % (minimum 10 attempts)	–	.750 Sydney Livermore vs. S.C. North, Sept. 14 (2 games) Sydney Livermore vs. Hartley-Melvin-Sanborn, Sept. 28 (2 games) .684 Sydney Livermore vs. MMRU, Sept. 10 (3 games) .667 Sydney Livermore vs. Bishop Heelan, Sept. 22 (2 games) Rachel Langel vs. Harris-Lake Park, Oct. 17 (3 games) .600 Sydney Livermore vs. Remsen St. Mary's, Sept. 3 (3 games) Kate Hill vs. Hinton, Oct. 10 (3 games) .533 Rylee Schnepf vs. Newell-Fonda, Nov. 5 (5 games)
Most Errorless Serve Attempts	–	26 Kate Hill vs. Hartley-Melvin-Sanborn, Sept. 12 (3 games) 24 Kate Hill vs. MMRU, Sept. 10 (3 games) 23 Josie Kolbeck vs. Trinity Christian, Oct. 3 (3 games) 21 Kate Hill vs. Akron-Westfield, Oct. 1 (3 games) 20 Chloe Bunkers vs. Trinity Christian, Oct. 3 (3 games) Kate Hill vs. Kingsley-Pierson, Oct. 28 (3 games) 18 Chloe Bunkers vs. Newell-Fonda, Nov. 5 (5 games) Alyssa Kolbeck vs. Newell-Fonda, Nov. 5 (5 games) Rylee Schnepf vs. Newell-Fonda, Nov. 5 (5 games) 17 Kate Hill vs. Harris-Lake Park, Oct. 17 (3 games)

Final IGHSAU Volleyball Rankings - 2019

Final Class 1A Rankings

Team	Final Record
1. Sidney	38-6
2. Council Bluffs St. Albert	24-10
3. Janesville	33-12
4. LeMars Gehlen Catholic	25-8
5. North Tama	27-7
6. Wapsie Valley	25-16
7. New London	29-9
8. Holy Trinity Catholic	29-11
9. Lisbon	36-8
10. East Mills	25-8
11. Gladbrook-Reinbeck	26-9
12. Newell-Fonda	26-11
13. BCLUW	22-15
14. Glidden-Ralston	19-5
15. Southwest Valley	25-6

Final Class 4A Rankings

Team	Final Record
1. Sergeant Bluff-Luton	37 - 3
2. Cedar Rapids Xavier	28 - 7
3. North Scott	28 - 6
4. Waverly -Shell Rock	46 - 7
5. West Delaware	40 - 6
6. Lewis Central	28 - 7
7. Dubuque Wahlert	24 -12
8. Marion	31 -11
9. Dallas Center-Grimes	31 - 7
10. Western Dubuque	24 -14
11. Gilbert	32 -12
12. Knoxville	25 - 8
13. Oskaloosa	18 -12
14. Clear Creek-Amara	23 -15
15. Center Point-Urbana	22 -18

Final Class 2A Rankings

Team	Final Record
1. Western Christian	37-7
2. Mediapolis	41-2
3. Beckman Catholic	32-9
4. Wilton	35-4
5. Osage	37-7
6. Grundy Center	32-9
7. Clarion-Goldfield-Dows	30-7
8. Van Buren	32-5
9. Boyden-Hull	24-10
10. Hudson	31-8
11. Underwood	30-6
12. Central Lyon	23-11
13. East Sac County	28-7
14. Denver	27-15
15. Logan-Magnolia	19-8

Final Class 5A Rankings

Team	Final Record
1. Cedar Falls	44-1
2. Iowa City Liberty	34-3
3. West Des Moines Valley	42-5
4. Ankeny	37-6
5. Council Bluffs Abraham Lincoln	38-4
6. Dowling Catholic	32-12
7. Pleasant Valley	30-6
8. Waukee	35-12
9. Ankeny Centennial	18-15
10. Bettendorf	22-14
11. Dubuque Hempstead	20-14
12. Cedar Rapids Kennedy	20-19
13. Urbandale	20-17
14. Iowa City High	17-15
15. Sioux City East	25-15

Final Class 3A Rankings

Team	Final Record
1. Davenport Assumption	32 - 6
2. Kuemper Catholic	37- 5
3. Red Oak	34 - 7
4. Dike -New Hartford	29 -15
5. West Liberty	31 - 8
6. New Hampton	40 - 4
7. Mount Vernon	36 -10
8. Tipton	32 - 7
9. Spirit Lake	35 - 6
10. Nevada	33 - 10
11. Des Moines Christian	24 - 7
12. Unity Christian	24 -11
13. Union	31 -12
14. Sioux Center	25 - 10
15. MOC -Floyd Valley	26 - 9



2019 War Eagle Conference Volleyball Honor Teams

First Team All War Eagle Conference

Hannah Baker	Sr.	Trinity Christian	Alyssa Kolbeck	So.	Gehlen Catholic
Shayden Blankenship	Sr.	West Sioux	Sydney Livermore	Sr.	Gehlen Catholic
Jaylen Bork	Jr.	MMC/RU	Gracie Schoonhoven	Fr.	Unity Christian
Chloe Bunkers	Sr.	Gehlen Catholic	Janie Schoonhoven	Jr.	Unity Christian
Micah Byl	Sr.	Unity Christian	Payton Schwiesow	Sr.	West Sioux
Anna Coffee	So.	Hinton	Sydney Struve	Sr.	South O'Brien
Paige Dagele	Sr.	H-M-S	Kailee Tucker	Sr.	Akron-Westfield
Alyssa Fischer	Sr.	Hinton	McKenna Van Eldik	Sr.	Akron-Westfield
Ellie Hilbrands	So.	MMC/RU	Ashley Willman	Sr.	Remsen St. Mary's
Taryn Hintz	Sr.	South O'Brien			

Second Team All War Eagle Conference

Jenna Bouma	So.	Unity Christian	Alyssa Maassen	Jr.	Trinity Christian
Emma Byker	So.	Unity Christian	Emma McManaman	Sr.	West Sioux
Emily Dreckman	So.	MMC/RU	Natalie Neilsen	So.	Akron-Westfield
Jaden Harris	Sr.	Akron-Westfield	Faith Olson	Sr.	MMC/RU
McKenzie Heikens	Sr.	Harris-Lake Park	Skye Rehder	Sr.	South O'Brien
Hannah Jochims	Sr.	H-M-S	Sara Schoenrock	So.	Hinton
Brittany Johnson	Jr.	Remsen St. Mary's	Willa Sickelka	So.	South O'Brien
Rachel Langel	Jr.	Gehlen Catholic	Miyah Whitehead	Fr.	Gehlen Catholic

Honorable Mention All War Eagle Conference

Anna Friedrichsen	Sr.	South O'Brien
Tessa Gunderson	So.	Harris-Lake Park
McKenna Henrich	Jr.	Akron-Westfield
Emily Hulshof	Jr.	West Sioux
Josie Kolbeck	Sr.	Gehlen Catholic
Taya Mason	Jr.	H-M-S
Carly Ortmann	Jr.	Remsen St. Mary's
Haley Schwarz	Sr.	MMC/RU
Avery Van Maanen	Fr.	Trinity Christian
Lucy Zylstra	Jr.	Unity Christian

<u>2019 War Eagle Standings</u>	<u>Conference</u>	<u>Overall</u>
1. Unity Christian	10-0	24-11
2. Gehlen Catholic	8-2	25-8
3. Akron-Westfield	7-3	17-8
MMC/RU	7-3	17-9
South O'Brien	7-3	17-10
6. West Sioux	6-4	12-9
7. Hinton	5-5	5-21
8. Remsen St Mary's	3-7	10-19
9. Trinity Christian	2-8	8-19
10. Hartley-Melvin-Sanborn	1-9	7-16
11. Harris-Lake Park	0-10	6-23

2019 IGCA ALL-DISTRICT TEAMS

1A Northwest

Player Name	School	Year
Bethany Greenfield	Newell-Fonda	12
Jaylen Bork	MMCRU	11
Sophie Klynmsa	Siouxland Christian	12
Monika Fehr	West Bend-Mallard	11
Josie Huss	St. Edmond	12
Emma DeStigter	Woodbury Central	11
Sydney Livermore	Gehlen Catholic	12
Ella Larsen	Newell-Fonda	11
Chloe Bunkers	Gehlen Catholic	12
Riley Doenhoefer	Siouxland Christian	12
Macy Sievers	Newell-Fonda	10
Kailee Tucker	Akron-Westfield	12
Ellie Hilbrands	MMCRU	10
Megan Morenz	Newell-Fonda	12
McKenna VanEldik	Akron-Westfield	12
McKenzie Goodwin	Kingsley-Pierson	10

Coach of the Year: **Mike Meyer LeMars Gehlen Catholic**

1A Northeast

Player Name	School	Year
Anabel Blount	Prince of Peace Catholic	11
Annie Hoffman	Edgewood-Colesburg	10
Hannah Erickson	Central, Elkader	12
Peyton Robinson	Lisbon	9
Ali Hoffert	Turkey Valley	11
Kelsey Hansel	Edgewood-Colesburg	10
Saari Kuehl	Gladbrook-Reinbeck	11
Kalryn Rosengarten	Wapsie Valley	9
Lydia Imbrogno	Wapsie Valley, Fairbank	10
Maysun Marshall	Lisbon	12
McKenna Nelson	Lisbon	12
Macy Heimes	Starmont	10
Chezney Priem	Edgewood-Colesburg	12
Abby Pospisil	Cedar Valley Christian	12
Madison Ubben	BCLUW	12
Kaci Beesecker	Wapsie Valley, Fairbank	12
Bryleigh Rouse	West Central, Maynard	11
McKenna Miller	Wapsie Valley, Fairbank	12
Grace Matus	Springville	10

District Coach of the Year: Eileen Bergan Edgewood-Colesburg

1A Southeast

Player Name	School	Year
Aubri Garnsey	WACO	11
Kyndal Townsley	Winfield Mt. Union	11
Makayla Ruble	Southeast Warren	11
Kyra Linkin	New London	11
Brooklynn Page	Southeast Warren	11
Kassi Randolph	Holy Trinity Catholic	10
Addie Pry	New London	12
Katy Stephens	Burlington Notre Dame	10
Morgan Graber	WACO	11
Claire Pothitakis	Holy Trinity Catholic	11
TJ Stoaks	Lenox	11
Aliyah Christenson	New London	10
Maria Rauenbuehler	Holy Trinity Catholic	11
Alissa Weinkoetz	East Union	12

District Coach of the Year: Melissa Freesmeier Holy Trinity Catholic

1A Southwest

Player Name	School	Year
Rachel Drake	East Mills	11
Gretchen Wallace	Glidden Ralson	11
Danielle Hoyle	Paton Churdan	11
Jadeyn Smith	Ar-We-Va	11
Jessica Fokken	Boyer Valley	12
Cassidy Baker	Coon Rapids Bayard	11
Chloe Gilgen	West Harrison	12
Jadyn Achenbach	Riverside	12
Jordan Blaha	St. Albert	12
Kelsey Hobbie	Sidney	12
Allie Petry	St. Albert	11
Alex Knop	East Mills	12
Olivia Larson	Sidney	12
Jentry Shafer	Southwest Valley	12
Tara Peterson	Stanton	11
Maddy Duncan	Sidney	12
Rachel Weitzki	Fremont Mills	12
Olivia Barnes	St. Albert	12
Gracie Bluml	Riverside	12
Dezirae Drake	East Mills	12

District Coach of the Year: Amy McClintock Sidney

Player Name	School	Year
Brianna Lobeck	Tripoli	12
Carlie Gorder	North Tama	12
Kennedi Purdy	Don Bosco	12
Maddie Meister	Bishop Garrigan	12
Brooke Trees	North Butler	11
Zoe Semelroth	Tripoli	12
Gabby Gergen	Janesville	12
Bailey Hoff	Janesville	12
Julia Meister	Janesville	12
Takoa Kopriva	North Tama	12
Katie Kopriva	North Tama	12
Amber Weltha	Baxter	12
Jenna Brown	Don Bosco	11
Katie Noonan	Bishop Garrigan	12
Sydney Eiklenborg	North Butler	11
Brooklyn Hackbart	St. Ansgar	11
Hali Anderson	Saint Ansgar	11

District Coach of the Year: Shelly Sorenson Janesville

1A South Central

Player Name	School	Year
Karlee Knode	Grand View Christian	11
Karlee Chandler	North Mahaska	12
Macy Dodd	Belle Plaine	12
Kaela Eslinger	Orient Macksburg	12
Kinzee Eggers	Murray	11
Madie Maedel	Lamoni	12
Thayda Houser	Seymour	12
Ash Krousie	Montezuma	10
Sierra Wright	Grand View Christian	12
Mallory Loftus	Lynnville Sully	12
Nicolaa Phillippe	Belle Plaine	11
Taylor Smith	Iowa Valley	12
Abby Martin	Lamoni	10
Amber Cooling	HLV	12
Madi McKay	North Mahaska	11
Waverly Roorda	Montezuma	12
Mandi Chizek	Belle Plaine	9
Alyssa Tegeler	Belle Plaine	10

District Coach of the Year: April Kessley Belle Plaine

2019 IGCA ALL-DISTRICT TEAMS

2A Northwest

Player Name	School	Year
Emma McKinney	South Central Calhoun	12
Macy Verhoef	Boyden-Hull	10
Alaina Freisleben	Clarion-Goldfield-Dows	11
Brianna Boeckman	East Sac County	11
Sara Maule	West Monona	12
Kaylee Shivers	Pocahontas Area	12
Kendall Lieneman	Clarion-Goldfield-Dows	11
Macay Van't Hul	Western Christian	12
Olivia Granstra	Western Christian	12
Kiley Metzger	Central Lyon	12
Morgan Middleton	Clarion Goldfield-Dows	11
Brooke Zylstra	Boyden-Hull	12
Tori Wynja	Western Christian	12
Sutton Schlumbohm	Central Lyon	12
Molly Schany	Emmetsburg	12
Taryn Hintz	South O' Brien	12
Bailey Wollesen	East Sac County	11
Makenna Kooima	Western Christian	12
Coach of the Year: Kristina TerHark Clarion-Goldfield-Dows		

2A Southeast

Player Name	School	Year
Kaiya Luneckas	West Branch	12
Jess Hoffman	Cascade, Western Dubuque	12
Emma Boelyn	North Cedar	12
Molly Bolt	Pella Christian	12
Grace Davidson	Van Buren County	12
Rachel Lewman	Cardinal, Eldon	12
Teagn Kruse	Danville	12
Ella Caffrey	Wilton	10
Helaina Hillyard	Mediapolis	12
Salena Sayre	Van Buren County	12
Kylee Sanders	Louisa - Muscatine	12
Isabel Manning	Van Buren County	11
Olivia Moehle	Mediapolis	12
Maddie Cloke	Cardinal, Eldon	12
Ruthie Jahn	Mediapolis	12
Kelsey Drake	Wilton	10
Coach of the Year: Erin Steffener Mediapolis		

2A Northeast

Player Name	School	Year
Jessa Gasteiger	Lake Mills	12
Kiersten Schmitt	Beckman Catholic, Dyersville	10
Emerson Whittenbaugh	Maquoketa Valley	11
Morgan Brandt	Sumner-Fredricksburg	10
Paige McDermott	Beckman Catholic, Dyersville	12
Ashley Howe	Central Springs	12
Sara Klunder	Hudson	12
Ella Imler	Maquoketa Valley	11
Chloe VanEtten	North Linn	10
Danielle Johnson	Osage	11
Ashlynn Kuhn	Hudson	11
Jada Wills	Beckman Catholic, Dyersville	12
Paige Kisley	Osage	11
Emerson Kracht	Grundy Center	12
Ellie Bobinet	Osage	11
Sara Hansen	Hudson	11
Kyah Luhring	Grundy Center	12
Abby Hamann	Grundy Center	11
Allison Bonnette	Denver	10
Kylie Greenfield	Lake Mills	11
Coach of the Year Todd Troutman Beckman Catholic, Dyersville		

2A Southwest

Player Name	School	Year
Natalie Barth	Van Meter	12
Presley Pogge	Tri Center	11
Corinne Bond	Nodaway Valley	11
Elly Polich	Woodward-Granger	11
Emma Flathers	Treynor	10
Zoe Rus	Underwood	11
Natalie Yonker	Nodaway Valley	11
Tatum Carlson	Tri-Center	10
Macy Vanfossan	Underwood	11
Chloe Largent	ACGC	10
Peyton Cook	Underwood	11
Kinsey Scheffler	AHSTW	12
Sam Entinger	Pleasantville	12
Paige Osweiler	AHSTW	12
Audrey Stowe	ACGC	11
Miranda Ring	Tri-Center	10
District Coach of the Year Paula Carmen Underwood		

3A West

Player Name	School	Year
Mallory Badding	Kuemper Catholic	12
Jordyn Hamm	Spirit Lake	12
Payten Lode	Sheldon	10
Makannah Traver	Sioux Center	12
Gracie Schoonhoven	Unity Christian	9
Kelsey Fields	Creston	11
Reagan Jansen	Sioux Center	9
Lexi Johnson	Red Oak	10
Kara Peter	Kuemper Catholic	12
Sophie Walker	Red Oak	12
Jazlin De Haan	MOC-Floyd Valley	11
Emma Loveall	Spirit Lake	12
Chloe Johnson	Red Oak	12
Anna Niehaus	Kuemper Catholic	12
District Coach of the Year Angie Montgomery Red Oak		

4A West

Player Name	School	Year
Delaney Esterling	Lewis Central	12
Ashley Hall	Harlan	11
Kinzie Zinnel	Boone	11
Haleigh Hadley	Gilbert	12
Elle Sneller	Sergeant Bluff-Luton	12
Alayna Finucan	Webster City	10
Megan Witte	Lewis Central	12
Kenzie Foley	Sergeant Bluff-Luton	12
Elle Scarborough	Glenwood	11
Rylee Ludwig	Carroll	12
Meredith Hoffmann	Carlisle	12
Mia Gamet	Sergeant Bluff Luton	11
Lauren Carter	Winterset	10
Pypr Stoeffler	Lemars	11
Josi Lonneman	Adel Desoto Minburn	12
District Coach of the Year: Renee Winkel Sergeant Bluff-Luton		

2019 IGCA All-State Teams

Class 1A

Player of the Year Olivia Larsen Sidney

Coach of the Year Sidney Amy McClintock

1A 1st Team

Name	School	Year
Gabby Gergen	Janesville	11
Kelsey Hobbie	Sidney	12
Lydia Imbrogno	Wapsie Valley	10
Katie Kopriva	North Tama	12
Olivia Larsen	Sidney	12
Allie Petry	St. Alberts Council Bluffs	11
Claire Pothitakis	Holy Trinity	11
Zoey Semelroth	Tripoli	12

1A 2nd Team

Name	School	Year
Kaci Beesecker	Wapsie Valley	12
Maddy Duncan	Sidney	12
Takoa Kopriva	North Tama	12
Alex Knopp	East Mills	12
Saari Kuehl	Gladbrook Reinbeck	11
Sydney Livermore	Gehlen Catholic	12
Julia Meister	Janesville	12
Kassi Randolph	Holy Trinity	10

1A 3rd Team

Name	School	Year
Kelsey Hansel	Edgewood-Colesburg	10
Ella Larsen	Newell-Fonda	11
McKenna Miller	Wapsie Valley	12
Nichola Phillippe	Belle Plaine	11
Addie Pry	New London	12
Kalvyn Rosengarten	Wapsie Valley	9
Amber Weltha	Baxter	12
Sierra Wright	Grandview Christian	12

1A Honorable Mention

Name	School	Year
Chloe Bunkers	Gehlen Catholic	12
Riley Doenhoefer	Siouxland Christian	12
Dezirae Drake	East Mills	12
Morgan Graber	WACO	11
Macy Heimes	Starmont	10
Bailey Hoff	Janesville	12
Mallory Loftus	Lynnvile Sully	12
Maysun Marshall	Lisbon	12
McKenna Nelson	Lisbon	12
Abby Pospisil	Cedar Valley Christian	12
Jentry Schafer	Southwest Valley	12
Taylor Smith	Iowa Valley	12
Katy Stephens	Burlington Notre Dame	10

Elite Team All State

Akacia Brown	Cedar Falls	12
Aliyah Carter	Dubuque Wahlert	12
Emerson Green	Cedar Falls	12
Kenzie Foley	Sargeant Bluff Luton	12
Hayden Kubik	West Des Moines Valley	10
Devyn Robinson	Ankeny Centennial	12
Phyona Schrader	Ankeny	11
Morgan Weber	Dike-New Hartford	12

Class 2A

Player of the Year Danielle Johnson Osage

Coach of the Year Tammi Veerbeek Western Christian

2A 1st Team

Name	School	Year
Danielle Johnson	Osage	11
Morgan Middleton	Clarion Goldfield Dows	11
Jada Wills	Beckman Catholic	12
Olivia Granstra	Western Christian	12
Macay Van't Hul	Western Christian	12
Paige Kisley	Osage	11
Helaina Hillyard	Mediapolis	12

2A 2nd Team

Name	School	Year
Ashlyn Kuhn	Hudson	11
Tori Wynja	Western Christian	12
Ellie Bobinet	Osage	11
Kiersten Schmitt	Beckman Catholic	10
Emerson Kracht	Grundy Center	12
Macy Vanfossan	Underwood	11
Salena Sayre	Van Buren	12

2A 3rd Team

Name	School	Year
Kelsey Drake	Wilton	10
Kyah Luhring	Grundy Center	12
Chloe Lergent	ACGC	10
Isabel Manning	Van Buren	11
Ella Caffrey	Wilton	10
Makenna Kooima	Western Christian	12
Peyton Cook	Underwood	12

2A Honorable Mention

Name	School	Year
Paige McDermott	Beckman Catholic	12
Brooke Zylstra	Boyden Hull	12
Kiley Metzger	Central Lyon	12
Ruthie Jahn	Mediapolis	12
Abby Hamann	Grundy Center	12
Sara Hansen	Hudson	11
Alaina Freisleben	Clarion Goldfield Dows	11
Kinsey Scheffler	AHSTW	12

Class 3A

Player of the Year: Morgan Weber Dike New Hartford

Coach of the Year: Maggie Willems Mount Vernon

3A 1st Team

Name	School	Year
Morgan Weber	Dike New Hartford	12
Kara Peter	Kuemper Catholic	12
Sommer Daniel	Tipton	12
Lauren Schrock	Mount Vernon	11
Macy Daufeldt	West Liberty	10
Jasmine Bush	Union	12
Chloe Johnson	Red Oak	12

2019 IGCA All-State Teams

3A 2nd Team

Name	School	Year
Summer Brand	Mount Vernon	12
Sophie Walker	Red Oak	12
Belle Weber	Union	11
Jorie Randall	Mount Vernon	11
Emma Loveall	Spirit Lake	12
Martha Pace	West Liberty	10
Abby Brunssen	Benton Community	12

3A 3rd Team

Name	School	Year
Kacie Rewerts	Nevada	12
Jordyn Hamm	Spirit Lake	12
Caitlin Kellner	Des Moines Christian	12
Kylie Welch	Davenport Assumption	12
Jazlyn DeHaan	MOC-FV	11
Anna Niehaus	Carroll Kuemper	12
Gracie Schoonhoven	Unity Christian	9

3A Honorable Mention

Name	School	Year
Jori Hajek	Humboldt	11
Morgan Tupper	Nevada	12
Jordan Kuper	Monticello	12
Rachel Rincken	New Hampton	12
Ava Schubert	Davenport Assumption	9
Abby Griffin	Albia	12

Class 4A

Player of the Year Kenzie Foley Sergeant Bluff Luton
 Coach of the Year Renee Winkle Sergeant Bluff Luton

4A 1st Team

Name	School	Year
Kenzie Foley	Sergeant Bluff-Luton	12
Aliyah Carter	Dubuque Wahlert	12
Macey Kleitsch	West Delaware	12
Megan Witte	Lewis Central	12
Eve Magill	Xavier, Cedar Rapids	11
Delaney Rice	Marion	12
Jaz Westmoreland	Waverly Shell Rock	12
Elle Sneller	Sergeant Bluff-Luton	12

4A 2nd Team

Name	School	Year
Katelyn Knudsen	Dallas Center Grimes	12
Elle Scarborough	Glenwood	11
Meridith Bahl	Western Dubuque	10
Ella Koloc	West Delaware	10
Trinity Zika	Marion	11
Emma Powell	North Scott	12
Elyse Winter	Xavier, Cedar Rapids	11
Madison Maahs	Western Dubuque	10

4A Honorable Mention

Name	School	Year
Rylee Ludwig	Carroll	12
Katie Keitges	Knoxville	12
Faith DeRonde	Oskaloosa	10
Calia Clubb	Clear Creek-Amana	10
Brooke Mulholland	Clinton	12
Meredith Hoffman	Carlisle	12
Lauren Carter	Winterset	10
Delaney Esterling	Lewis Central	12
Jazmine Yamilkoski	Xavier, Cedar Rapids	11
Kendall McNaull	North Scott	12
Kinsie Zinnel	Boone	11
Haleigh Hadley	Gilbert	12
Mia Gamet	Sergeant Bluff-Luton	11
Avery Beckett	Waverly	10
Kinley Kolbet	West Delaware	12
Emily Kono	Center Point Urbana	12

Class 5A

Player of the Year: Akacia Brown Cedar Falls
 Coach of the Year: Matt Johnson Cedar Falls

5A 1st Team

Name	School	Year
Elaina Bohnet	Council Bluffs Lincoln	12
Akacia Brown	Cedar Falls	12
Olivia Curry	West Des Moines Valley	12
Emerson Green	Cedar Falls	12
Hayden Kubik	West Des Moines Valley	10
Devyn Robinson	Ankeny Centennial	12
Phyona Schrader	Ankeny	11
Alayna Yates	Cedar Falls	12

5A 2nd Team

Name	School	Year
Lily Becker	Waukee	12
Erica Brohm	Pleasant Valley	12
Samantha Christiansen	Council Bluffs Lincoln	12
Rylee Fay	Iowa City Liberty	12
Kristen Graves	Cedar Falls	12
Layanna Green	Waukee	11
Anna Godfredsen	Dowling Catholic	12
Kora Ruff	Pleasant Valley	10

5A Honorable Mention

Name	School	Year
Abby Feldmann	CR Kennedy	12
Cassidy Hartmann	Iowa City Liberty	9
Taylan Keefer	Council Bluffs Lincoln	12
Kelsey Law	Iowa City High	12
Anna Marvelli	Indianola	12
Kate Nelson	Waukee	12
LeeAnn Potter	Iowa City Liberty	12
Allena Shimon	West Des Moines Dowling	12
Jacey Spann	West Des Moines Valley	12
Emily Strauss	Linn Mar	12
Isabelle Vacek	Ankeny	12

2019 All Northwest Iowa Team (selected by Sioux City Journal)

First Team

FR – Kenzie Foley, Sr., Sergeant Bluff-Luton
FR – Elle Sneller, Sr., Sergeant Bluff-Luton
FR – Macay Van't Hul, Sr., Western Christian
FR – Emma Loveall, Sr., Spirit Lake
S – Olivia Granstra, Sr., Western Christian
S – Emma Jenness, Sr., Spirit Lake
L – Makenna Kooima, Sr., Western Christian
UT – Tori Wynja, Sr., Western Christian

Second Team

FR – Jazlin De Haan, Jr., MOC-Floyd Valley
FR – Jordyn Hamm, Sr., Spirit Lake
FR – Gracie Schoonhoven, Fr., Unity
FR – Ella Larsen, Jr., Newell-Fonda
S – Kiley Metzger, Sr., Central Lyon
S – Sophie Klynsma, Sr., Siouxland Christian
L – Mia Gamet, Jr., Sergeant Bluff-Luton
UT - Sydney Livermore, Sr., Gehlen Catholic

Third team

FR – Riley Doenhofer, Sr., Siouxland Christian
FR – Brooke Zylstra, Sr., Boyden-Hull
FR – Sutton Schlumbohm, Sr., Central Lyon
FR – Taryn Hinton, Sr., South O'Brien
S – Bailey Greenfield, Sr., Newell-Fonda
S – Brooklyn Grady, Jr., Sheldon
L – Chloe Bunkers, Sr., Gehlen Catholic
UT – Peyton Lode, So., Sheldon

Fourth Team

FR – Lineya Wells, Jr., East
FR – Sara Maule, Sr., West Monona
FR – McKenzie Goodwin, So., Kinglsey-Pierson
FR – Macy Sievers, So., Newell-Fonda
S – Carla Martinez, Jr., MOC-Floyd Valley
S – Jewel Bergstrom, So., Boyden-Hull
L – Makannah Traver, Sr., Sioux Center
UT – Pypr Stoeffler, Jr., Le Mars

Fifth Team

FR – Reagan Jansen, Fr., Sioux Center
FR – Emma DeStigter, Jr., Woodbury Central
FR – McKenna VanEldik, Sr., Akron-Westfield
FR – Jaylen Bork, Jr., MMCRU
S – Camille Zwiefel, So., Cherokee
S – Emma Byker, So., Unity Christian
L – Abigail Bender, Sr., OABCIG
UT – Megan Morenz, Sr., Newell-Fonda

All-Review Team (Selected by NW Iowa Review)

First Team

Macay Van't Hul	Western Christian
Jazlin De Haan	M-OC/FV
Payten Lode	Sheldon
Olivia Granstra	Western Christian
Taryn Hintz	South O'Brien
Makenna Kooima	Western Christian

Second Team

Brooke Zylstra	Boyden-Hull
Sydney Livermore	Gehlen Catholic
Tori Wynja	Western Christian
Gracie Schoonhoven	Unity Christian
Chloe Bunkers	Gehlen Catholic
Sutton Schlumbohm	Central Lyon

Third Team

Janie Schoonhoven	Unity Christian
Reagan Jansen	Sioux Center
Makannah Traver	Sioux Center
Kiley Metzger	Central Lyon
Payton Schwiesow	West Sioux
Madison Van Meeteren	Sheldon

2019 Academic All State Volleyball

Jaden Harris	Akron-Westfield	Emily Cummings	Linn-Mar
Maggie McQuillen	Anamosa	Ashlee Haumesser	Linn-Mar
Rachel Griffin	Anamosa	Rylan Allison	Lisbon
Kaci Behrens	Ankeny	Samantha Bennett	Lisbon
Haley Grubb	Ankeny	Olivia Hasselmann	Lisbon
Isabelle Vacek	Ankeny	McKenna Nelson	Lisbon
Lauren Willets	Ankeny	Lydia Helle	Maquoketa Valley
Abigail Shepley	Baxter	Kailyn Hogan	Maquoketa Valley
Breanna VerMeer	Bettendorf	Shelby March	Maquoketa Valley
Emma Fogarty	Bishop Garrigan	Summer Brand	Mount Vernon
Lacey Beck	Bondurant-Farrar	Caroline Voss	Mount Vernon
Rachel White	Carroll	Lily Castle	Newman Catholic
Lauren Lilly	Cedar Falls	Madilynn Amos	Newton
Alexis Schares	Cedar Falls	Sarah Petersen	OABCIG
Lexie Godfrey	Cedar Falls	Melanie Bye	Osage
Cassidy Boche	Cedar Rapids Jefferson	Lizzy Posthuma	Pella Christian
Olivia Eichhorn	Cedar Rapids Jefferson	Molly Bolt	Pella Christian
Kate Hoheisel	Cedar Rapids Kennedy	Anna Van Zee	Pella Christian
Kelsey Jaeger	Cedar Rapids Kennedy	Erica Brohm	Pleasant Valley
Katie Jensen	Cedar Rapids Kennedy	Sophonra Wolfe	Pleasant Valley
Abby Feldmann	Cedar Rapids Kennedy	Nola Murhammer	Regina Catholic
Alexis Wheeler	Cedar Rapids Kennedy	Claire Conlon	Regina Catholic
Abby Scroggs	Cedar Valley Christian	Kate Kofmehl	Ridge View
Micaiah Davidson	Cedar Valley Christian	McKenna Albers	Ridge View
Abigail Maue	Center Point-Urbana	Emily Berggren	Roland-Story
Morgan Nordyke	Central Decatur	Gabriella Neddermeyer	Saydel
Kiley Metzger	Central Lyon	Hannah Uhl	Sheldon
Farrah Lewis	Central Lyon	Katie Yi	Solon
Bradlie Wilmes	Clarinda	Delaney Conrad	Southeast Valley
Kaylee Camp	Clinton	Mackenzie Crampton	Southeast Valley
Kira Price	Clinton	Avarie Honkomp	South O'Brien
Megan Kellen	Cherokee, Washington	Isabel Woodhouse	St. Edmond
Megan Carlson	Colo-NESCO	Kamryn Chapman	Tipton
Bailey Ortega	Davenport North	Rachel Brockney	Urbandale
Emma Janecek	Davenport North	Madison Bartholomew	Van Buren County
Ambria Piph	Decorah	Chloe Davidson	Van Buren County
Alexis Svestka	Decorah	Logan Schmidt	Van Buren County
Calli Beck	Easton Valley	Lillie Lamont	Vinton-Shellsburg
Morgan Jamison	Emmetsburg	Caroline Lang	Vinton-Shellsburg
Abby Berkland	Emmetsburg	Laney Graber	WACO, Wayland
Lindsay Carter	Emmetsburg	Katie Sauerbrei	Wapsie Valley
Molly Schany	Emmetsburg	Sara Nelson	Waukee
Abigail Garringer	English Valleys	Kate Nelson	Waukee
Kallista Larson	Forest City	Kristin Stonehocker	Waukee
Josie Kolbeck	Gehlen Catholic	Verity Carstensen	Waukee
Claire Roske	Gilbert	Madalyn Ellingson	Waukon
Brianna Strohbahn	Gladbrook-Reinbeck	Maddie Rodenbeck	Waverly - Shell Rock
Addyson Petig	Grinnell	Elizabeth Schmidt	Waverly - Shell Rock
Abigail Furness	Grinnell	Allison Collier	West Delaware
Katie Witt	Grinnell	Abby Postma	Western Christian
Mya Nelson	IKM-Manning	Ally Postma	Western Christian
Elly Flaherty	Indianola	Julia Shoger	Xavier
Aliva Bauer	Indianola		
Kelsey Law	Iowa City, City High		
Lindsey Bolton	Iowa City, City High		
Sushma Santhana	Iowa City Liberty		
Taylor Smith	Iowa Valley		
Samantha Randall	Iowa Valley		
Julia Meister	Janesville		
Emma Trachta	Johnston		
Madison Herrin	Johnston		
Camryn Douglas	Lenox		
Rachel Cushing	Lewis Central		

2019 Class 1A State Volleyball Tournament

Wednesday, November 13, Class 1A First Round

Top Bracket

6:00 p.m. - #1 Sidney 25-25-25, #8 Springville 15-17-11

8:00 p.m. - #5 North Tama 25-25-26, #4 Gehlen Catholic 20-22-24

Bottom Bracket

6:00 p.m. - #7 Holy Trinity Catholic 25-25-19-25, #2 Council Bluffs St. Albert 16-23-25-15

8:00 p.m. - #6 Wapsie Valley 25-25-16-25, #3 Janesville 23-19-25-14

Thursday, November 14 - Class 1A Semifinals

6:00 p.m. - Sidney 25-16-25-25, North Tama 23-25-16-17

6:00 p.m. - Wapsie Valley 25-30-25, Holy Trinity Catholic 23-28-15

Friday, November 9 - Class 1A State Championship

7:00 p.m. - Sidney 25-23-25-25, Wapsie Valley 17-25-12-23

Class 1A All-Tournament Team

Maddy Duncan, Sidney

Katie Kopriva, North Tama

Olivia Larsen, Sidney

Kelsey Hobbie, Sidney (captain)

Claire Pothitakis, Holy Trinity Catholic

Kalvyn Rosengarten, Wapsie Valley

Lydia Imbrogno, Wapsie Valley

Another Trip To Cedar Rapids!



2019 Gehlen Jays Volleyball Honors Page

Letterwinners: Chloe Bunkers Allison Ruden Lauren Heying
 Kate Hill Rachel Langel Alyssa Kolbeck
 Josie Kolbeck Abby Ruhland Rylee Schnepf
 Sydney Livermore Tiffany Woerdehoff Miyah Whitehead

Team Captain: Chloe Bunkers & Sydney Livermore

Teammate Award: Chloe Bunkers

Dedication Award: Chloe Bunkers

Most Improved: Larissa Sitzmann

Most Valuable: Sydney Livermore

War Eagle All - Conference Teams

Honorable Mention: Josie Kolbeck

Second Team: Rachel Langel & Miyah Whitehead

First Team: Chloe Bunkers, Sydney Livermore & Alyssa Kolbeck

Other Honor Teams

CYO All-Tournament: Sydney Livermore & Miyah Whitehead

IGCA All-NW District: Chloe Bunkers & Sydney Livermore

IGCA Class 1A All-State: Sydney Livermore (2nd Team) & Chloe Bunkers (Hon. Mention)

IGCA Volleyball Academic All-State: Josie Kolbeck

All NW IA Review: 2nd Team: Chloe Bunkers & Sydney Livermore

All NW IA S.C. Journal: 2nd Team: Sydney Livermore 3rd Team: Chloe Bunkers

1000 Career Digs Club: Chloe Bunkers